

# Emergency Prep Tips for Family Road Trips

## 1. Build Your Car Around the Real Trip

Check your tires, battery, fluids, lights, brakes, and emergency tools before leaving. Keep at least half a tank of gas to handle delays, detours, or unexpected weather conditions.



## 2. Pack an Emergency Kit Box You Can Reach Quickly

Keep emergency supplies in one easy-to-access container inside the car. Include essentials like first-aid supplies, water, snacks, chargers, flashlights, jumper cables, and children's comfort items.



## 3. Plan for Delays, Not Just Your Destination

Prepare for traffic, weather, and unexpected stops by packing extra food, water, wipes, and comfort items. Save offline maps and identify gas stations or towns along remote stretches of your route.



## 4. Keep Health and Medication Front And Center

Carry medications, allergy supplies, and essential health items within easy reach during the trip. Bring extra doses and familiar foods to handle delays or medical needs on the road.



## 5. Teach Everyone What To Do

Make sure children and adults know basic emergency roles and safety instructions before the trip begins. Simple responsibilities and clear communication reduce confusion during stressful situations.



## 6. Weather Can Change The Whole Trip

Pack for seasonal conditions with extra water, blankets, gloves, cooling items, and emergency food supplies. Weather-related delays can quickly become dangerous without the right preparation.



## 7. Keep Your Documents And Contacts Organized

Store licenses, insurance cards, roadside assistance information, and emergency contacts in an easy-to-access location. Keep both digital and paper copies in case your phone becomes unavailable.

